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# Dr Stephen Davies

## Consultant Psychiatrist

7 Tawe Business Village  
Phoenix Way  
Swansea SA7 9LA  
01792 260006  
GMC Registration 3543171  
Email: [reports@daviesmedicolegal.com](mailto:reports@daviesmedicolegal.com)

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**OVERVIEW** - DR DAVIES HAS BEEN A CONSULTANT PSYCHIATRIST FOR 20 YEARS (INCLUDING 16 AS AN NHS CONSULTANT). HE HAS EXPERTISE IN GENERAL ADULT & LIAISON PSYCHIATRY.

### QUALIFICATIONS:

- MB, BCh (University of Wales College of Medicine, 1991)
- Diploma in Geriatric Medicine (Royal College of Physicians)
- MRCPsych Part 2 Exam (Royal College of Psychiatrists, 1997)
- MSc in Clinical Psychiatry (Wales, 1997)
- Certificate of Completion of Specialist Training in General Adult Psychiatry with Endorsements in Rehabilitation and Liaison Psychiatry (Consultant Recognition) awarded September 2000.
- Intermediate Level EMDR (Eye Movement Desensitisation Reprocessing)
- Section 12 (Mental Health Act) Approved

### EMPLOYMENT:

**Junior Doctor posts** - After pre-registration house jobs (1991-92) I worked for 18 months in posts in Medicine and Old Age Medicine in Cardiff and Bridgend. I joined the Gwent Psychiatry Training Scheme, then completed the South Wales Specialist Registrar Training Programme (1997-2000).

#### **Consultant Posts**

Oct 2000- July 2001 - Area 2 Community Mental Health Team Swansea (outpatient & inpatient work).

2000-2014 - Consultant in Liaison Psychiatry, Morriston Hospital, Swansea  
Duties included -

- Outpatient work, including Medically Unexplained Symptoms/Somatoform disorders, Depression, Psychological Reactions to Physical Illness and Trauma, including a specialist PTSD clinic.
- Inpatient Work on Medical and Surgical wards (where patients with a variety of Psychiatric and Psychological problems relating to physical disease and injury were seen, as well as addiction problems).
- Multi-disciplinary work at the Welsh Regional Centre for Burns and Plastic Surgery plus Psychiatric input to a Brain Injury Rehabilitation Unit
- Psychiatric input to the Bereavement Counseling Service & maternity unit
- Occupational Health work with NHS Staff and others

2014-2016 – Consultant in Adult Psychiatry (Primary Care & Community) in inner city, Swansea. This involved outpatient work, work with community mental health team members, and liaising with primary care staff plus the inpatient teams, and Approved Clinician duties as well as on-call duties.

From August 2016 I have worked exclusively in Independent Practice seeing private patients with Mood and Anxiety Disorders, substance misuse, neuro-developmental conditions as well as conditions at the interface of medicine and Psychiatry, including pain and somatoform disorders. I also undertake Occupational Health work and work for the Mental Health Review Tribunal and General Medical Council.

**MEDICO-LEGAL WORK:**

- I have 16 years experience as an Expert Witness.
- I undertake approximately 150 Expert Witness reports per year – (personal injury & clinical negligence).
- Claimant:Defendant ratio = 75:20
- I participate in peer review of reports for quality assurance, and attend regular medico-legal refresher training.

**MEMBERSHIP:**

Royal College of Psychiatrists  
MDDUS  
Independent Doctors Federation

**TEACHING**

- Honorary Senior Lecturer, Swansea Medical School 2011-16
- Former Dissertation Assessor, Cardiff MSc Psychiatry Course
- At Swansea Medical School, I developed and ran an innovative teaching week on Suicide and self-harm, involving Psychiatry, Emergency Medicine, General Practice, Psychology and the Samaritans.
- I lectured to the Masters Course in Psychiatry on Sleep Disorders 2011-14

**OTHER PROFESSIONAL  
ACTIVITY:**

- Former Member of Division of Mental Health Drugs & Therapeutics Committee, ABM Health Board
- Former Secretary of Division of Psychiatry, Swansea
- Former Chair of Liaison Psychiatry Faculty, Welsh Division of Royal College of Psychiatrists
- Past MRCPsych Examination Organiser
- Appraiser (for Health Board Annual Appraisals of doctors).
- Activity for the Welsh Government has included giving evidence on PTSD in returning armed forces personnel on behalf of the BMA to a select committee, and participation in a committee advising on unscheduled hospital care.
- Organiser and Chair of various training events including a Section 12 Approval Course, Mental Capacity Act Training Day and Medical Update Day for Psychiatrists.
- Review of books and academic papers for Scientific Journals from time to time.
- I participate in regular peer group activities with colleagues. I attend regular CPD sessions, including in 2019 meetings on Chronic Pain, Mental Health of Veterans and a medicolegal refresher.
- I continue to fulfill GMC annual appraisal/revalidation requirements.

**AREAS OF  
INTEREST &  
EXPERTISE :**

My main area of clinical interest has been and remains the interface of Physical and Psychiatric Disorders. This includes Psychiatric reactions to trauma and illness, the impact of Psychiatric disorders and drugs on physical health, and Somatoform Disorders including Psychiatric aspects of pain.

I regularly see patients with (and have expertise in):

- Adult Psychiatry including Depression, Bipolar Disorder, Anxiety Disorders (please note – individuals with learning disability plus people aged under 18 are not within my area of expertise).
- Psychiatric Aspects of Physical Disease and Trauma, including Post Traumatic Stress Disorder and Chronic Pain.
- Medically Unexplained Symptoms / Somatoform Disorders
- Psychiatric matters relating to employment (including work related stress among NHS and other public service Employees).