

# Dr Stephen Davies

## Consultant Psychiatrist

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**OVERVIEW** - DR DAVIES HAS 25 YEARS OF NHS EXPERIENCE, INCLUDING 18 YEARS AS A CONSULTANT PSYCHIATRIST. HE HAS EXPERTISE IN GENERAL ADULT & LIAISON PSYCHIATRY

### QUALIFICATIONS:

- MB, BCh (University of Wales College of Medicine, 1991)
- Diploma in Geriatric Medicine (Royal College of Physicians)
- MRCPsych (Royal College of Psychiatrists, 1997)
- MSc in Clinical Psychiatry (Wales, 1997)
- Certificate of Completion of Specialist Training in General Adult Psychiatry with Endorsements in Rehabilitation and Liaison Psychiatry (Consultant Recognition) awarded September 2000.
- Level I EMDR (Eye Movement Desensitisation Reprocessing)
- Section 12 Approved

### NHS EMPLOYMENT:

#### Junior Doctor posts

After pre-registration house jobs (1991-92) I worked for 18 months in posts in Medicine and Old Age Medicine in Cardiff and Bridgend. I joined the Gwent Psychiatry Training Scheme, then completed the South Wales Specialist Registrar Training Programme (1997-2000).

#### Consultant Posts

Oct 2000- July 2001 - Area 2 Community Mental Health Team Swansea (outpatient & inpatient work).

2000-2014 - Consultant in Liaison Psychiatry, Morriston Hospital, Swansea  
Duties included -

- Outpatient work, including Medically Unexplained Symptoms/Somatoform disorders, Depression, Psychological Reactions to Physical Illness and Trauma
- Inpatient Work on Medical and Surgical wards (where patients with a variety of Psychiatric and Psychological problems relating to physical disease and injury were seen, as well as addiction problems).
- Multi-disciplinary work at the Welsh Regional Centre for Burns and Plastic Surgery plus Psychiatric input to a Brain Injury Rehabilitation Unit
- Psychiatric input to the Bereavement Counseling Service & PTSD clinic
- Occupational Health work with NHS Staff and others

2014-2016 – Consultant in Adult Psychiatry (Primary Care & Community) in inner city, Swansea. This involved outpatient work, work with community mental health team members, and liaising with primary care staff plus the inpatient teams, and Approved Clinician duties as well as on-call duties.

From August 2016 I have worked exclusively in Independent Practice, undertaking an equivalent number of outpatient sessions as in my last NHS role. I continue to fulfil Royal College CPD requirements, and GMC annual appraisal/revalidation requirements. I also undertake work for the Mental Health Review Tribunal (Wales) and General Medical Council.

**MEDICO-LEGAL WORK:**

- I have 15 years experience as an Expert Witness.
- I undertake approximately 150 Expert Witness reports / year – mainly Civil Cases (personal injury & clinical negligence).
- Claimant:Defendant:Joint ratio = 80:10:10
- I attend regular medico-legal CPD, including Courtroom Skills refresher training (last attended 2015, Bond Solon).
- I attend a medico-legal CPD group, with peer review of Reports

**MEMBERSHIP:**

Royal College of Psychiatrists  
Swansea Medico-Legal Society  
MDDUS  
Independent Doctors Federation

**TEACHING**

- Honorary Senior Lecturer, Swansea Medical School 2011-16
- Former Dissertation Assessor, Cardiff MSc Psychiatry Course
- At Swansea Medical School, I developed and ran an innovative teaching week on Suicide and self-harm, involving Psychiatry, Emergency Medicine, General Practice, Psychology and the Samaritans.
- I lectured to the Masters Course in Psychiatry on Sleep Disorders 2011-14
- I have given regular teaching sessions to health professionals including GPs, Hospital Doctors and Medical Students.

**OTHER PROFESSIONAL  
ACTIVITY:**

- Former Member of Division of Mental Health Drugs & Therapeutics Committee, ABM Health Board
- Former Secretary of Division of Psychiatry, Swansea
- Former Chair of Liaison Psychiatry Faculty, Welsh Division of Royal College of Psychiatrists
- Past MRCPsych Examination Organiser
- Appraiser (for Health Board Annual Appraisals of doctors).
- Activity for the Welsh Government has included giving evidence on PTSD in returning armed forces personnel on behalf of the BMA to a select committee, and participation in a committee advising on unscheduled hospital care.
- Organiser and Chair of various training events including a Section 12 Approval Course, Mental Capacity Act Training Day and Medical Update Day for Psychiatrists.
- Reviewing books and academic papers for Scientific Journals from time to time.

**AREAS OF INTEREST:**

My main area of clinical interest has been and remains the interface of Physical and Psychiatric Disorders. This includes Psychiatric reactions to trauma and illness, the impact of Psychiatric disorders and drugs on physical health and Somatoform Disorders.

I regularly see patients with (and have expertise in):

- Adult Psychiatry including Depression, Bipolar Disorder, Anxiety Disorders (please note – individuals with learning disability plus people under 18 are not within my area of expertise).
- Psychiatric Aspects of Physical Disease and Trauma, including Post Traumatic Stress Disorder and Chronic Pain.
- Medically Unexplained Symptoms / Somatoform Disorders
- Matters relating to employment (including work related stress among NHS and other public service Employees).