
Dr Stephen Davies

Consultant Psychiatrist

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OVERVIEW: I HAVE BEEN A CONSULTANT PSYCHIATRIST FOR 24 YEARS (INCLUDING 16 AS AN NHS CONSULTANT). I HAVE EXPERTISE IN GENERAL ADULT & LIAISON PSYCHIATRY

QUALIFICATIONS:



- MB, BCh (University of Wales College of Medicine, 1991)
- Diploma in Geriatric Medicine (Royal College of Physicians)
- MRCPsych Part 2 Exam (Royal College of Psychiatrists, 1997)
- MSc in Clinical Psychiatry (Wales, 1997)
- Specialist Status in General Adult Psychiatry with Endorsements in Rehabilitation and Liaison Psychiatry (Consultant Recognition) awarded September 2000.
- Section 12 (Mental Health Act) Approval & Approved Clinician
- Cardiff University Bond Solon (CUBS) certificate awarded 2024.

EMPLOYMENT: **Junior Doctor posts** - After pre-registration house jobs (1991-92) I worked for 18 months in posts in Medicine and Old Age Medicine in Cardiff and Bridgend. I joined the Gwent Psychiatry Training Scheme, then completed the South Wales Specialist Registrar Training Programme (1997-2000).

Consultant Posts

Oct 2000- July 2001 - Area 2 Community Mental Health Team Swansea (outpatient & inpatient work).

2000-2014 - Consultant in Liaison Psychiatry, Morriston Hospital, Swansea
Duties included -

- Outpatient work - Depression, Psychological Reactions to Physical Illness and Trauma, including a specialist PTSD clinic. Somatiform Disorders
- Inpatient Work on Medical, Surgical & Obstetric wards (where patients with a variety of Psychiatric and Psychological problems relating to physical disease and injury were seen, as well as addiction).
- Multi-disciplinary work at the Welsh Regional Centre for Burns and Plastic Surgery plus Psychiatric input to a Brain Injury Rehabilitation Unit
- Psychiatric input to the Bereavement Counseling Service & maternity unit
- Occupational Health work with NHS Staff and others

2014-2016 – Consultant in Adult Psychiatry (Primary Care & Community) in inner city Swansea. Outpatient work, work alongside community mental health team members, and primary care staff plus the inpatient teams
Approved Clinician duties as well as on-call duties.

2016-24 I have worked mainly in Independent Practice seeing private patients with Mood and Anxiety Disorders, substance misuse, neuro-developmental conditions as well as conditions at the interface of medicine and Psychiatry. I also undertake Occupational Health work. I sat for the Mental Health Review Tribunal (Wales) 2018-21. I have undertaken NHS locum posts in Cardiff in Community Psychiatry (2021) and Forensic Psychiatry / General Adult Psychiatry (2022).

**MEDICO-LEGAL
WORK:**

- I have over 20 years experience as an Expert Witness.
- I have attended regular medicolegal; refresher training. Awarded the Cardiff University Bond Solon (CUBS) certificate in 2024
- I undertake approximately 100 Expert Witness instructions per year (Personal Injury & clinical negligence). Ratio of instructions (2024) **57 %** Claimant: **43%** defendant: **0** joint

MEMBERSHIPS:

Royal College of Psychiatrists
Independent Doctors Federation
European Association of Psychosomatic Medicine
British Association of Psychopharmacology

PAST TEACHING:

- Honorary Senior Lecturer, Swansea Medical School 2011-16
- Former Lecturer & Dissertation Assessor, Cardiff MSc Psychiatry Course.
- At Swansea Medical School, I developed and ran a teaching week on Suicide and self-harm, involving Psychiatry, Emergency Medicine, General Practice, Psychology and the Samaritans.

**OTHER PAST
PROFESSIONAL
ACTIVITY:**

- Ex Member of Division of Mental Health Drugs & Therapeutics Committee, ABM University Health Board
- Former Secretary of Division of Psychiatry, Swansea
- Former Chair of Liaison Psychiatry Faculty, Welsh Division, Royal College of Psychiatrists
- Past MRCPsych Examination Senior Organiser
- Past Appraiser (for Health Board Annual Appraisals of doctors).
- Activity for the Welsh Government has included giving evidence on PTSD in returning armed forces personnel on behalf of the BMA
- Trained to assess and supervise doctors with performance / mental health problems on behalf of GMC

**AREAS OF EXPERTISE
AND INTEREST:**

My main area of clinical interest has been and remains the interface of Physical and Psychiatric Disorders. This includes Psychiatric reactions to trauma and illness, the impact of Psychiatric disorders and drugs on physical health, and Somatoform Disorders including Psychiatric aspects of pain.

- Adult Psychiatry including Depression, Bipolar Disorder, Anxiety, and neuro-developmental disorders (please note individuals with learning disability plus people aged under 18 are not within my area of expertise).
- Psychiatric Aspects of Physical Disease and Trauma, including Post Traumatic Stress Disorder and Chronic Pain.
- Medically Unexplained Symptoms / Somatoform Disorders
- Psychiatric matters relating to employment (including among NHS and other public service employees).

**FUTURE PLANS /
RETIREMENT:**

- I am seeing a limited number of new private patients with ADHD in 2025, and will see follow up patients til early 2026.
- I intend to do one or more locum posts before retiring from clinical work / treatment of patients altogether in 2027.
- I intend to continue to accept new medicolegal instructions and Occupational Health assessments until mid 2027, then to retire completely by the end of 2029
- I participate in regular CPD and peer group activities with colleagues
- I continue to fulfill GMC annual appraisal/revalidation requirements.